



## Palliative Performance Scale (PPS)

| %   | Ambulation       | Activity Level and Evidence of Disease  | Self-Care                      | Intake            | Level of Consciousness      |
|-----|------------------|---|--------------------------------|-------------------|-----------------------------|
| 100 | Full             | <ul style="list-style-type: none"> <li>• Normal</li> <li>• No disease evident</li> </ul>                              | Full                           | Normal            | Full                        |
| 90  | Full             | <ul style="list-style-type: none"> <li>• Normal</li> <li>• Some disease evident</li> </ul>                            | Full                           | Normal            | Full                        |
| 80  | Full             | <ul style="list-style-type: none"> <li>• Normal with effort</li> <li>• Some disease evident</li> </ul>                | Full                           | Normal or Reduced | Full                        |
| 70  | Reduced          | <ul style="list-style-type: none"> <li>• Unable to perform normal job/work</li> <li>• Some disease evident</li> </ul> | Full                           | As above          | Full                        |
| 60  | Reduced          | <ul style="list-style-type: none"> <li>• Unable to perform any job/work</li> <li>• Significant disease</li> </ul>     | Occasional assistance needed   | As above          | Full or confusion           |
| 50  | Mainly Sit / Lie | <ul style="list-style-type: none"> <li>• Unable to perform any job/work</li> <li>• Extensive disease</li> </ul>       | Considerable assistance needed | As above          | Full or confusion           |
| 40  | Mainly in Bed    | <ul style="list-style-type: none"> <li>• As above</li> </ul>  | Mainly assistance              | As above          | Full or drowsy or confusion |
| 30  | Bed Bound        | <ul style="list-style-type: none"> <li>• As above</li> </ul>  | Total care                     | Reduced           | As above                    |
| 20  | Bed Bound        | <ul style="list-style-type: none"> <li>• As above</li> </ul>  | As above                       | Minimal           | As above                    |
| 10  | Bed Bound        | <ul style="list-style-type: none"> <li>• As above</li> </ul>  | As above                       | Mouth care only   | Drowsy or coma              |
| 0   | Death            |   |                                |                   |                             |